





Pull out and save this special registration/orientation section

Pull here

## Struggle for new horizons worthwhile, says president

It takes time to a new year at Conestoga College.

Twenty years ago, Conestoga College was a pioneer in establishing practical, career-related training of applied skills in modern Ontario. Today, 20 years later, it follows that pioneering spirit in working to make it better for you to start in.

You will of course, obtain new areas of knowledge and skills in your program as well as study for it, because you can't go outside yourself to that about.

Above all, Conestoga is a college in which

people matter. It is no hope that you will use what education has only as a stepping stone to your future career, but also as an opportunity to develop the abilities and commitment to become an active, responsible member of the community upon graduation.

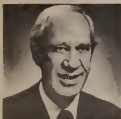
The additional skills you develop and the friends you make by participating in student activities, student government, recreational programs, and variety and personal interests will make you more free and available to your active community involvement in years to come.

Process, by definition, are always engaged in the struggle to seek new horizons and better new ground. That struggle always worthwhile can never be for discouraging.

In such times, remember that your friends and associates, as well as family and staff members, are here to help you in furthering the journey, and that it is made a part of Conestoga College.

I wish you every success in the coming year.

Bartholomew E. Haines,  
President, Conestoga College



Bartholomew E. Haines, President

### Alive and Kicking Orientation Pub

- Meet new friends and old acquaintances at the 1st pub of the year

September 4, 1986

8 p.m.

featuring "CHINA"

\$3.00 Advance — \$5.00 Door

- "Chances are Blue" contest
- Win a trip to the OSA-sponsored BLUE JAYS vs TANKERS game on September 11, 1986
- Listen to top hits such as Sanctuary, Johnny, Politics of Dancing and much, much more

Advanced tickets on sale in OSA Activities Office

# Orientation kick-off . . .

presented by

**Doon Student Association**

Tues., Sept. 2

**Orientation begins**

- Come and see the OSA booth at the Info Fair, Student Lounge, 10:30 a.m. - 2 p.m.

**Have you seen this man?**

... David Drake

will appear, close-up magician, will appear in Student Lounge, 11-2 p.m.

Wed., Sept. 3

- Classes cancelled at 12:30 p.m.
- All first-year and returning students are invited to

**Pool Party '86**

- Back-a-burg barbecue
- Lots to munch by Bamham
- Balloon race
- Slogged race

• and much, much more  
Don't miss this fun-filled afternoon 12:30 p.m. — Cal

Thurs., Sept. 4

- Co-Barham Caring Contest 12:30: Cal 1st 10 students to enter will receive a certificate
- Condon car rally—near the surrounding counties and was 4 p.m. starting in parking lot 8
- Alive and kicking Orientation Pub featuring China

Tickets available in OSA Activities Office

Mon., Sept. 8

- Condon Classic Nine Golf Tournament

Top-off time 4 p.m.

Location: Pleasant Sports World

Entry fee: \$2

Advance registration required

Registration tickets and information is available in OSA Activities Office

**Upcoming Events**

• Toronto vs New York Baseball game  
\$10 bus trip  
Sept. 11

• Pison hour entertainment in cafeteria

10 hours, Sept. 8

# STUDENT COUNCIL MESSAGES

## Deen Student Association



David Harding

Hi and welcome to Conestoga College. The Deen (Deen Student Association) has planned numerous activities that will help make your stay here more enjoyable and memorable.

Orientation will be a week of activities and events that will introduce you with the campus culture and students. A basketball tournament, volleyball and the rally are just some of the planned events. An all Conestoga Rally featuring a live band will also be held during Orientation. This is an excellent opportunity to relax and acquire yourself with classmates.

The DSA also provides numerous activities for students throughout the year through offering various lounge and cultural orientations. The DSA has activities such as Water Carnival Week, a Spring Break trip to Florida and Vermont, a trip to Quebec, and the annual boat race in April.

The DSA offices are located on the second floor (opposite the student lounge and the student council office is at the bottom of the student stairs. Feel free to stop in any time with questions or ideas.

Good luck in the upcoming school year and I'll see you at Orientation.

David Harding

## Cambridge Campus

Welcome to Cambridge Campus. Because we have two students oriented separately throughout the year, the report outlines on the Leisure Time Committee change plan. Each year a block class offers an orientation and one liberal arts student for the orientation. These representatives meet to plan our suggestions from the students in the orientation and to inform upon committee decisions to the class.

In the past, the Leisure Time Committee has organized social, religious and home care tournaments, family sports days, jelling events, activities such as bowling, roller skating, basketball, even music. Make this a social club for students and meet to \$2.00 drinks.

Feedback from these events are used to purchase equipment for more home activities, to subsidize a Christmas luncheon and the annual Christmas dinner.

The committee members hope you enjoy your time at Cambridge College and welcome your suggestions, interest and participation.

Scottie Fowler

President of Cambridge Campus

## Qualify Student Association



Rob Tarr

Hi, my name is Rob Tarr, president of Qualify College Qualify Campus. I hope you are enjoying your first year and looking forward to returning to classes in September.

The main goal of the association is to be the best one for students, entertainment and activities. This year we have one of the largest DSA activities yet.

With the support and dedication the student body is bound to keep the benefits of more and better activities that were available in the past.

Some of the things planned for and you are more than ready to enjoy. We'll have more training programs and more student representation in both environment and variety sports at the Conestoga Recreation Centre. The only thing we are hoping from our members is a thumbs up.

Good September have a good break and be sure to say hi to Rob.

Rob Tarr



## Conestoga College

## Kilbuck Student Nurses Association



Connie Denno

Hi and welcome to Conestoga College School of Nursing. This is an exciting time for you as you have chosen a field that promises to be both challenging and rewarding in the future.

You have committed yourself to a career that requires not only good grades in your studies but also the ability to work and deal with many different individuals from all walks of life.

Although this course involves a great deal of work and study on your part, we would also like to stress some activities that will give you an opportunity to get involved with students from other campuses and experience some of their activities, social activities, sports, and having a Christmas dinner. We'd also like to get a team together for intramural sports. Along with these activities, we have some ideas to also money for the graduation fund.

Even though our schedules may often conflict, I hope to see you around and get to know you.

See you at the end of August.

Connie Denno, President

## Waterloo Student Association



Gord Roberts and Ed White

In its second year of service, the WSA has planned many events for the upcoming school year. We would like to welcome all new students as well as returning students in Waterloo Campus.

As President and Vice President of the WSA, we hope to make your life a memorable and enjoyable one. The WSA would like to be in touch with students as a leader and other events like orientation, social, home care, and a home trip during March break as well as student involvement through social days and events.

Feel free to express any ideas or opinions to us. A lot of things depend on your involvement so let's make it a successful year.

Good September and Ed White, WSA President and Vice President

## Stratford Campus



Matthew A. Hay

Greetings from your PM4.07. Welcome to Stratford. I would like to introduce you to the students in Stratford Campus. Good luck, campus, and congratulations on your first year in college. We're excited to have you here.

I am looking forward to an enjoyable production year for all the best student activities such as publications and sports. We would like to see you back school year yet. We are all the same time again as we suggest you come back to Stratford to see the progress you've made.

The Council of the Stratford Campus is a group of students and staff who are ready to help you in the future. We have many problems, but they are solved as we help you. We'll be there to help you in the future.

I would like to inform you of upcoming activities for the students of Stratford Campus and for the Council of the Stratford Campus. We're excited to have you here. We'll be there to help you in the future.

Matthew A. Hay

# DOON CAMPUS STUDENTS ORIENTATION-REGISTRATION-START OF CLASSES

## NEW STUDENTS — WELCOME TO CONESTOGA COLLEGE!

Orientation day is the beginning of the school year and your introduction to the college community — its facilities, services and people.

Special activities are planned at the Conestoga Centre (the college's athletic facilities) and at the main Doon Campus building. Your faculty will meet with you for registration and an introduction to your program. There will be an Information Fair to find out about and sign up for activities such as Athletics, Student Government and Peer Tutoring.

Staff from across the college will be available to provide information and to answer questions about registration, OSAP, housing and transportation. The bookstore will be open for purchasing books, supplies, locks, etc. Parking stickers can be purchased from the Security Office beside the Learning Resource Centre.

Find your program in the "tabs" below to find where and when to come.

We look forward to meeting you.

**1st Year Students in —**  
Mechanical Engineering Technician —  
Design Drafting  
Mechanical Engineering Technician —  
Numerical Control  
Mechanical Engineering Technology —  
Automated Manufacturing  
Mechanical Engineering Technology —  
Design and Analysis  
arrive at the Conestoga Centre, 299 Doon Valley Drive, Thursday, August 25th, 1988 at 9:00 a.m.

All 1st Year Students in Nursing and Ambulance & Emergency Care  
Thursday, August 26, 1988, 9:00 a.m. arrive at the Conestoga Centre, 299 Doon Valley Drive. In addition to the days activities listed above, you will be involved in an orientation to Biology Ambulance & Emergency Care  
12:30 - 1:30 (room 2A62)  
Nursing 1:30 - 2:30 (room 2A62/2A63)

Thursday, September 1, 1988, 9:00 a.m. All 1st Year Nursing students (both Centre Street and Queen's Blvd) and Ambulance and Emergency Care students arrive at the Auditorium, 678 Hospital Rd Centre Street for registration and start of classes. Bring your student packages which you have purchased at the bookstore. **STUDENT ID'S:** Applicants to Nursing Program should have completed a course in CHE.

**1st Year Students in —** Civil Engineering Technology  
Construction Engineering Technology  
Electrical Technician — Machinery and Appliances  
Electronics Engineering Technician  
Electronics Engineering Technology  
Manufacturing Technician —  
Wood Products  
Broadcasting — Radio and Television  
Design — Graphic and Advertising  
Early Childhood Education  
Journalism — Print  
Education Leadership  
Social Services  
arrive at the Conestoga Centre, 299 Doon Valley Drive, Thursday, September 2nd, 1988, at 9:00 a.m.

**1st Year Students in —** Law and Security Administration  
Business Administration — Accounting  
Business Administration — Management Studies  
Business Administration — Marketing  
Computer Programme Analyst  
arrive at the Conestoga Centre, 299 Doon Valley Drive, Thursday, September 2nd, 1988 at 10:00 a.m.

### Returning Students — Welcome Back!

Check the "tabs" below to find out where and when to come. We're looking forward to seeing you.

**2nd Year Recreation Leadership Students** arrive at 84 Frederick Street on Wednesday, September 2nd, 1988, at 8:30 a.m.

Classes will commence that day.

**2nd Year Nursing Students** Wednesday, August 27, 1988 arrive at 8:30 a.m.

**2nd Year Nursing Students** in ALL modules begin classes at Queen Street location. Please report to the room you were in for introduction to the module in June. Bring your student package.

**NOTE:** On Thursday, September 2nd, second year Nursing students will begin Biology classes at Doon Campus, but no

elective classes will be completed that day.

**2nd Year and 3rd Year Students** in the following programs:

Broadcasting — Radio and Television  
Business Administration — Accounting  
Business Administration — Marketing  
Business Administration — Management Studies  
Civil Engineering Technology  
Computer Programme Analyst  
Construction Engineering Technology  
Early Childhood Education  
Design — Graphic and Advertising  
Electronics Engineering Technology  
Law and Security Administration

Manufacturing Technician —  
Wood Products  
Mechanical Engineering Technician —  
Design Drafting  
Mechanical Engineering Technician —  
Numerical Control  
Mechanical Engineering Technology —  
Automated Manufacturing  
Mechanical Engineering Technology —  
Design and Analysis  
Social Services  
arrive on Thursday, September 2nd, 1988, to begin classes in the time noted in the letter from your coordinator, which was included in your registration mail. **NO ELECTIVE CLASSES** will be held on this day. Electives begin Wednesday, September 3rd, 1988.

## Students shine in fund-raising event

By Spoke Staff

On Aug. 14, St. Catharines and district will get their annual opportunity to put the funds in St. Catharines.

St. Catharines is a one-day drive between Niagara and Hamilton across Canada. St. Catharines students volunteer to drive and collect donations for the

Ontario Flammable Foundation of Canada. The campaign began in 1981.

Last year, St. Catharines was selected for the first time and volunteered to become Flammable Foundation for this year's drive. St. Catharines is sending the drive called "Flammable" to all areas that will be in the drive and to all areas that will be in the drive.

Although the main emphasis is on driving drive, St. Catharines will also be driving drive.

St. Catharines is sending the drive called "Flammable" to all areas that will be in the drive and to all areas that will be in the drive.

## WHY WAIT FOR SEPTEMBER? Get a head start at college

You're starting college in September. By waiting on a new educational direction can be both exciting and stressful. This is particularly true if you have been away from school for a number of years.

Student Services has an up-to-date

list of new courses that are available at the end of August. These courses are designed to give you a head start on your studies. Available to you with the campus and other some early techniques. St. Catharines is sending the drive called "Flammable" to all areas that will be in the drive and to all areas that will be in the drive.

St. Catharines is sending the drive called "Flammable" to all areas that will be in the drive and to all areas that will be in the drive.

More than 100 last year students participated in these workshops last year. Students attending that not only were the workshops helpful but they also met a number of new people and felt more comfortable in the college setting prior to the start of formal classes.

St. Catharines is sending the drive called "Flammable" to all areas that will be in the drive and to all areas that will be in the drive.

St. Catharines is sending the drive called "Flammable" to all areas that will be in the drive and to all areas that will be in the drive.

St. Catharines is sending the drive called "Flammable" to all areas that will be in the drive and to all areas that will be in the drive.

## THE LEARNING RESOURCE CENTRE ON CAMPUS

### HIGHLIGHTS



- photocopiers
- that reduce and enlarge
- the study
- 10 copies a copy
- microfilm
- computer
- 400 magazine
- subscription
- large collection
- of books and
- videotapes

■ help with all your writing needs

■ Hours:  
Mon-Fri  
9:00-5:00 p.m.  
9:00-5:00 p.m.

9:00-5:00 p.m.  
9:00-5:00 p.m.

## CONESTOGA COLLEGE OF APPLIED ARTS AND TECHNOLOGY WATERLOO CAMPUS INFORMATION

The management, faculty and staff of Conestoga College extend a warm welcome to all first-year and returning diploma

students for the fall of 1988. We hope you find the following information useful. Should you

have any questions, please phone Student Services at 885-0366.

### ORIENTATION

for your diploma students

Sept. 1, 1988, at 1:30 p.m. Waterloo Campus 410 King Street W., Waterloo

You will be grouped in the home down and advised which rooms to go to for the orientation. Your faculty and co-ordinator will register you and give you relevant information.

After registration you will be directed to a number one where you will receive information regarding

Student Services

Q&A P

Waterloo Student Association

Health Services

Activities

You will be assigned a locker and a lock. There is a small charge (approximately \$4) for the lock. A locker cost of \$2.00 extra per week of your program is also to be paid at Conestoga. This is a 12-week program — \$24.

Students cannot use their own locks.

You 3 diploma students

All first 3 diploma students will register on Sept. 2, 1988, at 10:00 a.m. Signs will be posted indicating room numbers for registration.

### Learning Resources Library

There will be (2) information sessions on the use of the library and resources. Sept. 2, 1988, 10:00 a.m. and 11 a.m. Location is in C. Conestoga

### Bookstore

The bookstore will be open for your convenience from 9:00 a.m. to 5:00 p.m. during the first week. Thereafter the hours will be 9:00 a.m. to 12 noon.

Arrangements will be made for the Conestoga bookstore students to pick up their first order at a later date. You will be advised for your order and location.

### Orientation '88

The Waterloo Student Association in conjunction with the other campus will be holding a Waterloo Active 1988 event at the Conestoga Recreation Centre Sept. 4, 1988, 1 p.m. to 4 p.m. Entry will be provided. Plan to join in the fun!

### Summer Seminars

Books not enough about entering the world?

Would you like to manage your time more effectively, take notes more efficiently or learn to write better?

The Waterloo Campus is offering 25 seminars. (See the list below.)

Time Management, Aug. 26, 9:00 a.m. to 12:00 p.m.  
Note Taking, Aug. 26, 12:00 p.m. to 3:00 p.m.  
How to Cope With Stress, Aug. 26, 3:00 p.m. to 6:00 p.m.

Please contact Student Services, 885-0366, to register. Seminars are free but a fee helps. Please give us a call should you have any questions.

## GET FIT -- any time throughout your day!

Join us at  
Cornish College  
Recreation Centre

### Morning Fitness Club

Tuesday and Thursday  
Sept. 16 - Dec. 11

7:55 a.m. - 9 a.m.



Cost: Members \$26  
Non-members \$48

Register at the  
Cornish College  
Recreation Centre

### Fitness Nooners

FREE to students  
and members

Monday - Wednesday -  
Friday  
12:35 p.m. - 1:10 p.m.

Increase Energy  
Lose Weight  
Feel GREAT!!



IT'S FREE

Join us at  
Cornish College  
Recreation Centre

### 4:40 Fitness

Late afternoon fitness  
for students, employees

Tuesday and Thursday  
Sept. 16 - Dec. 11  
4:40 - 5:05 p.m.

Free to students  
and members

Leave the stress behind  
End your day on a fit note



4:40 FITNESS

IT'S FREE

Join us at  
Cornish College  
Recreation Centre

## WANTED:

### Board of Director Reps

Are you interested in student affairs? Do you want to be able to make your student concerns? Why not join the Board of Directors and become an informed member of the College Community?

The Board of Directors is a committee to which the Dean, Executive brings any new proposals, so major purchases to better input from the student population.

Contact Paul Collette, Vice-President of SGA, if you are interested in becoming involved with the student government.

## CALLING ALL STUDENTS

All first-year and returning students are invited to an Orientation Fall Party on Wednesday, September 3, at the Cafeteria.

A BACK-A-BURGER barbecue with all the fixings, a balloon race, three-legged race, egg toss and many other games are some of the exciting events scheduled for the party.

To all of this at 12:00 p.m. and runs until 5:00 p.m. Refreshments will be performing live 40-minute sets at the party. Utilizing all the latest in computer equipment, audio machines and synthesizers, Rob Farnham will be performing top-40 material from each house in simple words. The Cash Grants Awards and T-shirt for them.

Presented by the Dean, Student Association, this is an event that you won't want to miss.

## GUELPH CAMPUS -- ORIENTATION 1986

PROGRAM	YEAR	DATE	LOCATION IN GUELPH	ROOM	TIME
Barry (General Orientation)	I	August 26, 1986	400 Spectra Arena West	Room 4-10	8 A.M.
Barry (Program Orientation)	I	August 26, 1986	70 Westmont Hall	Room 4-4	8 A.M.
Barry	II	August 27, 1986	70 Westmont Hall	Room 4-4	8 A.M.
Barry	III	August 5, 1986	70 Westmont Hall	Room 4-4	8 A.M.
Nature's Management	I	September 1, 1986	400 Spectra Arena West	Room 4-10	12:30 P.M.
Nature's Management	II		400 Spectra Arena West	Room 4-1	10 A.M.
Nature's Management	III		400 Spectra Arena West	Room 4-4	10 A.M.
Welding Engineering Technician	I	September 2, 1986	400 Spectra Arena West	Room 4-1	11 A.M.
Welding Engineering Technician	II		400 Spectra Arena West	Room 4-1	8 A.M.
Construction Technician		September 2, 1986	400 Spectra Arena West	Student Lounge	10 A.M.
Centre Mechanical Technician		September 2, 1986	400 Spectra Arena West	Room 4-10	11:15 A.M.
Electronics Engineering Technician Technical Courses		September 2, 1986	400 Spectra Arena West	Room 4-10	11:15 A.M.
Metallurgical Technician		September 2, 1986	400 Spectra Arena West	Student Lounge	10 A.M.

# Stratford Campus

## ORIENTATION AND REGISTRATION INFORMATION

General Business and Secretarial Arts — Executive

Tuesday, September 2, 1988

### YEAR I

General Business  
Secretarial Arts — Executive

### YEAR II

General Business

9:00 A.M. General Assembly

Welcome

Meet with Faculty

Registration

Bookstore

Lockers

Barbecue

Introductory Classes

10:00 A.M. Registration

Bookstore

Barbecue

Introductory Classes

# Stratford

## Nursing Students

### Orientation Information

Monday, Aug. 25	8:30 a.m. - 4 p.m.	YEAR II — Students begin Morning — Orientation and Registration Afternoon — Classes
Tuesday, Aug. 26	9 a.m. - 4 p.m. 8:30 a.m. - 4 p.m.	YEAR II — Classes YEAR I — Students begin Orientation, Registration, Book and Uniform purchase, Hospital tour
Wednesday, Aug. 27	9 a.m. - 4 p.m. 8:30 a.m. - 4 p.m.	YEAR II — Classes YEAR I — Classes
Thursday, Aug. 28		SHINERAMA — All Students
Friday, Aug. 29	9 a.m. - 4 p.m. 8:30 a.m. - 4 p.m.	YEAR II — Classes YEAR I — Classes

## Message from the Registrar:

I would like to welcome all new and returning students to Conestoga College.

The Registrar's Office is a support service to Faculty and students at the College.

Each student will receive a Student Handbook. Please read it carefully. The handbook outlines rules and regulations regarding adding courses, dropping courses, appeals, etc., and is such a valuable reference tool. It is the responsibility of each student to be cognizant of these procedures.

If you have further questions, the staff in the Registrar's Office will be more than happy to assist you.

Good luck to you students in the forthcoming year!

The staff of the Registrar's Office will be happy to answer any questions you may have. The Office hours are:

Monday to Friday  
8:00 a.m. - 12:00 noon  
1:30 p.m. - 5:00 p.m.

## OSAP — Things You Should Know

Where will I receive the OSAP funds?

You will receive a "Notice of Assessment" when your application is approved. Funds are not disburse available until you have registered at the College. You can either go to the bank of your choice or to the Conestoga Bank. If you are a Conestoga Bank customer, you may wish to visit for a couple of weeks until the bank decision.

What is required when I pick up OSAP funds?

1. Proof of registration (dated and ID card signed over registration)
2. Proof of your current week's bank earnings. A statement of your gross earnings is required (proof of gross pay for the number of weeks available for each year in returning to school to a maximum of 16 weeks)

Where do I pick up OSAP funds?

Donn Campus — Students can pick up their funds at the OSAP office located in the Registrar's Office.

All Other Campuses — You will be informed at Orientation where funds are available for you.

Previous Canada to Ontario Student Loans.

If you had a previous student loan and are not receiving OSAP, it is important that you visit your bank, which will complete when you have registered at the College. In your application, you will be asked to sign the form for the bank.

## OSAP Hours — Donn Campus

Sept. 2-5 inclusive  
9:00 a.m. - 11:30 a.m.  
1:00 p.m. - 4:00 p.m.

Sept. 8-12 inclusive  
1:30 p.m. - 4:00 p.m.

After Sept. 12  
2:00 p.m. - 4:00 p.m.  
(MONDAY, TUESDAY  
& THURSDAY)

If you have questions relating to your OSAP, please call the Registrar's Office 655-8111 ext. 282 or 284.



# ORIENTATION '86

## Schedule of Events

### Orientation Week:

Activities open for all intramural activities

(Sign up for activities in the cafeteria or in the athletes' office)

— 11 a.m. - 1 p.m. — INFORMATION FAIR — Student Lounge (Down)

#### Thursday, Aug. 28

Tables open for intramural sign-ups for:

- Canoe & Pkay
- Men's Football
- Canoe Youth Football
- Openhouse Golf Tournament
- Squash Clinics
- Intramural into-campus Challenge (Closed intramural Tournament)

7-9 p.m.

Vandy Orientation night at the Conestoga Recreation Center (down) for Vandy Athletes to meet the coaches

#### Tuesday, Sept. 2

Tables remain open for intramural sign-ups in the cafeteria

**UNIVERSITY TRYOUTS BEGIN** at Conestoga Recreation Center 5 p.m. Men's Hockey (Arena)

5 p.m. Women's Softball (Courtland)

#### Wednesday, Sept. 3

"Dance Clinique"

(10 noon-11:30 a.m. begins outside of cafeteria doors)

Final Party

11:30-1:30 p.m. - outside of the cafeteria doors on the pass (open to all parties including)
 

- 5 biggest eat
- Canoe and Egg Toss
- Football and football games

 1:30-1:45 p.m. — Final games between Vandy's men

#### Thursday, Sept. 4

Intramural Orientation for Canoe, Waterpolo and Softball Campuses at the Conestoga Recreation Center (Down Campus)

Softball Campus — Bus leaves 12 noon

Canoe Campus — Bus leaves 12:15 p.m.

Waterpolo Campus — Bus leaves 12:15 p.m.

\* Adapt at Vandy doors — all campuses. Arrive by 11:45 a.m. with 15 minutes to follow (Down Campus)

Vandy Tryouts continue at Conestoga Recreation Center 12:30 p.m. — Orientation Golf Tournament (at Down Valley Golf Club)

4 p.m. — Men's Soccer — Final at Center

## 'Catch the Spirit — Get Involved!'

### The Intramural Committee 1986-87

The Intramural Committee is made up of a group of students from various programs that assist the Athletes and Campus Recreation staff with the operation of the Intramural Programs. For more information, contact Bob on the Intramural Hotline: 432-2211, ext. 288

#### BOB MCCLURE

Athletic Officer

#### DAVE MILLER

Chairperson, Men's Intra  
Recreation Athletic Accounting

#### DOUG HEDDER

Men's Treasurer of Conestoga  
(Recreation Accounting)

#### LEE BLACKLOCK

Chairperson, Women's Intra  
(AIA)

#### MARY BARR (AIA)

Women's Intra Chairman  
(Recreation Leadership)

#### REYDIE CROCKER

Chairperson, Co-ed Intra  
(Recreation Leadership)

#### SCOTT BRENCH

Co-ed Intra Chairman  
(AIA)

#### DEBBIE WARD

Intramural Chairman  
(Recreation Athletic-Marketing)

#### BRETT TUCKER

Assistant of Officials  
(AIA)

#### BRIAN ALLEN/C

Assistant of Officials  
(AIA)

#### MARLENE KIRWAN

Intramural Chairman  
(Recreation Leadership)



I would like to take this opportunity to introduce myself. I am Mary Wright the Campus Recreation Officer for the College. I work directly with all the Student Association staff at 244C campus including them with their activities. I also work campus on a regular basis and will be located at the Student Association office at your campus.

If you have any questions or suggestions regarding Clubs or activities you would like to see, feel free

to drop by and discuss them. We are always open to new suggestions.

This year, the staff of the Conestoga Recreation Center are pleased to have ORIENTATION '86. Many activities have been planned to allow you to meet new friends and meet your off right sides of the school. I will be present at the orientation to give you a better view of our campus and meet new friends.

Good luck to you all! We'll be back to meet you on Sept. 4 at ORIENTATION. All! Good luck to all!

Mary Wright,  
Campus Recreation Officer

## SPORTS PROGRAMS AVAILABLE AT CONESTOGA

If you're wondering what programs are available for you, Conestoga Recreation Services has a variety of sports programs for you to choose from. Our Vandy program is offered on full-time schedules (who are interested in competing against other Colleges in a high level of competition). This year's program includes Men's Hockey, Women's Hockey, Soccer, Women's Softball, Youth Football Club, Men's and Women's Basketball, Women's Volleyball and Waterpolo.

For more information regarding Vandy Athletes, contact the coaches who will be posted around the campus. Also, come this year, a Vandy Orientation evening will be offered to anyone interested in playing Vandy sports —

on August 28 from 7-9 p.m. Come out to the Conestoga Recreation Center and meet the coaches and find out more about sign-up dates, schedules, etc.

Also available to all full-time students is the Intramural program, which offers recreational activities throughout the year which allow students to learn team skills as well as play sports in an individualized form. To start, all the new school types the full services include Canoe, Football, Men's Football, Canoe Youth Football and Squash Clinics just to name a few. Also, come this year, at the Intramural Championships. This time one which a Canoe Valleyball will be held in September. Get your classroom signed up early and bring your

institute along. It will be held during the morning to allow teams more time to travel from other campuses.

Look for the Athletes and Campus Recreation Staff during Orientation Week to obtain sign-up sheets for activities. They will have tables set up in the Student Lounge and the Cafeteria will be open to answer any questions you may have. Staff are also located at the Conestoga Recreation Center.

Get involved while you're at Conestoga College. The Recreation Center is an campus for you to take full advantage of the programs that are available to you. Your Athletic Calendar also contains what is available to you.

Get involved and catch the Conestoga Spirit!

# ATHLETICS & CAMPUS RECREATION



## VARSITY TRY-OUTS

"VARSITY ORIENTATION NIGHT" — Thursday August 28 from 7:00-9:00 p.m. (Conestoga Rec Center)

This is your opportunity to drop in and meet the coaches, view the schedules and ask any questions you may have about varsity athletics. Everyone welcome.

SPORT	DATE	TIME	LOCATION
Men's Hockey	Tues. Sept. 2	6:00 p.m.	Conestoga Recreation Center — Arena
Women's Softball	Tues. Sept. 2	5:00 p.m.	Conestoga Recreation Center — Ball Diamond
Men's soccer	Thurs. Sept. 4	4:00 p.m.	Conestoga Recreation Center — Front field
* Golf	Thurs. Sept. 4	12:30 Tee-off	Doon Valley Golf Club — Men at Golf Course
Women's soccer	Mon. Sept. 8	4:00 p.m.	Conestoga Recreation Center — Front field
Men's Basketball	Mon. Sept. 15	3:00 p.m.	Conestoga Recreation Center — Gym
Touch Football	Mon. Sept. 15	4:00 p.m.	Conestoga Recreation Center — Front field
Women's Basketball	Mon. Oct. 6	4:30 p.m.	Conestoga Recreation Center — Gym
Women's Volleyball	Tues. Nov. 25	4:30 p.m.	Conestoga Recreation Center — Gym
Badminton	Mon. Jan. 5/87	4:30 p.m.	Conestoga Recreation Center — Gym

\* Off campus activity

## INTRAMURALS

All Sign-ups for intramural activities will be done during the weeks of Sept. 2-12, in the cafeteria at Doon Campus. Entry forms and more information can be obtained in the Cafeteria from 11:00 a.m.-1:00 p.m. or in the Athletics Office at the Conestoga Recreation Center.

\* Must sign up 2 days before launch

## INTRAMURAL ACTIVITY SCHEDULE 1986-87 FALL 1

Cafeteria B112 — September 2 - September 12, 11:00 a.m. - 1:00 p.m.

Activity	Series Open	Series Close	Captain's Meetings	League Starts	Day/Time/Place
Co-ed 3 Pitch	Tues. Sept. 2	Sept. 12	Mon. Sept. 15 — 4:30 p.m.	Sept. 16	Diamond 1
Men's Football	Tues. Sept. 2	Sept. 12	Mon. Sept. 15 — 4:30 p.m.	Sept. 16	Diamond 2
Co-ed Touch Football	Tues. Sept. 2	Sept. 12	Mon. Sept. 15 — 4:30 p.m.	Sept. 17	Field — front of Center
Squash Clinics	Tues. Sept. 2	Sept. 12	Beginner 1 — Tues. Sept. 23 Beginner 2 — Tues. Sept. 23	Sept. 23	7:00 - 10:00 p.m. Squash Courts
* ORIENTATION GOLF EQUIPMENT (Golfers Try out)		Sept. 4 — 12 noon	Tee-off Time: 12:30 p.m. Sharp	(Rain date — Doon Valley Golf Club in Sept. 5) same time	
* INTRAMURAL INTER-CAMPUS CHALLENGE (Co-ed Volleyball)	Tues. Sept. 2	Sept. 12	Mon. Sept. 22 — 4:30 p.m.	Wed. Sept. 24 — Conestoga Rec Center (Gym) 7:00 - 10:00 p.m.	

## INTRODUCING THE ATHLETICS CAMPUS RECREATION STAFF



DAN YOUNG

Co-ordinator of Athletics & Campus Recreation



MIKE MCAVOY  
Athlete in Training



CHAZ FANNING  
Athlete Officer



MARY MACCALL  
Campus Recreation Officer

## PART-TIME JOBS AVAILABLE

Are you interested in sports and travel? If so, positions are available for the 1986-87 season as Assistant Trainers/Managers for various Varsity teams.

For more information call the Conestoga Rec Center at 653-3511 Ext. 336 and ask for Doug.

Officials are needed for various intramural sports from Sept. until April — We will sign.

Timers and scorers are also needed for various sports.

For more information call the Conestoga Rec Center at 653-3511 Ext. 336 and ask for Sandy.

\* If you require any information regarding Athletic programs, feel free to visit any of the staff whose offices are located in the Conestoga Recreation Center on call: 653-3511 Varsity Ext. 385, Intramurals Ext. 336 & Campus Recreation Ext. 331.



# Women's volleyball returns to varsity sports

By Bruce Loney

September is synonymous with a new school year. It is this month that the varsity sports season begins.

This season, Coconago College has been busy in its athletic hall, making plans for basketball, football, volleyball, tennis, and women's basketball.

Women's basketball and volleyball are scheduled to begin in September.

Returning coaches include Mike Dennis (basketball), Don Johnson (tennis), and Bob Jones (volleyball). Also, the first women's volleyball coach, Don Johnson, is expected to begin in September.

Don Johnson, who was basketball coach in a former year, will be in charge of the women's volleyball team. He will be in charge of the men's volleyball team as well.

Don Johnson, who was basketball coach in a former year, will be in charge of the women's volleyball team. He will be in charge of the men's volleyball team as well.

Don Johnson, who was basketball coach in a former year, will be in charge of the women's volleyball team. He will be in charge of the men's volleyball team as well.

Don Johnson, who was basketball coach in a former year, will be in charge of the women's volleyball team. He will be in charge of the men's volleyball team as well.

Don Johnson, who was basketball coach in a former year, will be in charge of the women's volleyball team. He will be in charge of the men's volleyball team as well.

Don Johnson, who was basketball coach in a former year, will be in charge of the women's volleyball team. He will be in charge of the men's volleyball team as well.



Coconago Recreation Center, home of the Coconago.

Don Johnson, who was basketball coach in a former year, will be in charge of the women's volleyball team. He will be in charge of the men's volleyball team as well.

## Fun emphasized in intramurals

By Barry Melzer

Intramural sports offered at the Coconago Recreation Center are not only fun, but also a good way to get in shape. The center is a place where students can get in shape and have fun.

"A student can benefit greatly by taking the intramural sports as they offer. Not only is it a good form of exercise, but it is also a good way to get in shape and have fun. The center is a place where students can get in shape and have fun."

"The students who don't like the idea of intramural sports are the ones who don't like to get in shape and have fun. The center is a place where students can get in shape and have fun."

"The students who don't like the idea of intramural sports are the ones who don't like to get in shape and have fun. The center is a place where students can get in shape and have fun."

"The students who don't like the idea of intramural sports are the ones who don't like to get in shape and have fun. The center is a place where students can get in shape and have fun."

Intramural sports are offered at the Coconago Recreation Center. The center is a place where students can get in shape and have fun.

"The students who don't like the idea of intramural sports are the ones who don't like to get in shape and have fun. The center is a place where students can get in shape and have fun."

"The students who don't like the idea of intramural sports are the ones who don't like to get in shape and have fun. The center is a place where students can get in shape and have fun."

"The students who don't like the idea of intramural sports are the ones who don't like to get in shape and have fun. The center is a place where students can get in shape and have fun."

"The students who don't like the idea of intramural sports are the ones who don't like to get in shape and have fun. The center is a place where students can get in shape and have fun."

"The students who don't like the idea of intramural sports are the ones who don't like to get in shape and have fun. The center is a place where students can get in shape and have fun."

Intramural sports are offered at the Coconago Recreation Center. The center is a place where students can get in shape and have fun.

"The students who don't like the idea of intramural sports are the ones who don't like to get in shape and have fun. The center is a place where students can get in shape and have fun."

"The students who don't like the idea of intramural sports are the ones who don't like to get in shape and have fun. The center is a place where students can get in shape and have fun."

"The students who don't like the idea of intramural sports are the ones who don't like to get in shape and have fun. The center is a place where students can get in shape and have fun."

"The students who don't like the idea of intramural sports are the ones who don't like to get in shape and have fun. The center is a place where students can get in shape and have fun."

"The students who don't like the idea of intramural sports are the ones who don't like to get in shape and have fun. The center is a place where students can get in shape and have fun."



For fun and health the recreation center has two volleyball courts.

## Students pick electives

By Mary Karnell

Approximately 100 of students are expected to return this year. The students will be expected to return this year. The students will be expected to return this year.

"The students who don't like the idea of intramural sports are the ones who don't like to get in shape and have fun. The center is a place where students can get in shape and have fun."

"The students who don't like the idea of intramural sports are the ones who don't like to get in shape and have fun. The center is a place where students can get in shape and have fun."

"The students who don't like the idea of intramural sports are the ones who don't like to get in shape and have fun. The center is a place where students can get in shape and have fun."

"The students who don't like the idea of intramural sports are the ones who don't like to get in shape and have fun. The center is a place where students can get in shape and have fun."

"The students who don't like the idea of intramural sports are the ones who don't like to get in shape and have fun. The center is a place where students can get in shape and have fun."

"The students who don't like the idea of intramural sports are the ones who don't like to get in shape and have fun. The center is a place where students can get in shape and have fun."

"The students who don't like the idea of intramural sports are the ones who don't like to get in shape and have fun. The center is a place where students can get in shape and have fun."

"The students who don't like the idea of intramural sports are the ones who don't like to get in shape and have fun. The center is a place where students can get in shape and have fun."

"The students who don't like the idea of intramural sports are the ones who don't like to get in shape and have fun. The center is a place where students can get in shape and have fun."

"The students who don't like the idea of intramural sports are the ones who don't like to get in shape and have fun. The center is a place where students can get in shape and have fun."

"The students who don't like the idea of intramural sports are the ones who don't like to get in shape and have fun. The center is a place where students can get in shape and have fun."



The Recreation Center staff from left: Barry Melzer, Bob Smith, Mary Lynn Dyck, Mary Vaughn, Paula Ferguson, Debbie Smith.